

Batheaston Church School

Bath and Wells MAT, School Lane, Northend, Batheaston, Bath, BA1 7EP

"That they may have life, life in all its fullness" John 10:10

Together achieving our best – Every child, Every Day.



Batheaston Church School

Relationships, Sex and Health Education (RSHE) Policy

Vision Statement

**Together Achieving Our Best – Every Child, Every
Day**

"That they may have life, life in all its fullness" (John 10:10)

1. Introduction

At Batheaston Church School, Relationships, Sex and Health Education (RSHE) is an integral part of our commitment to supporting every child to flourish academically, emotionally, socially and spiritually. Our RSHE curriculum is rooted in our Christian vision and values of:

- Resilience
- Hope
- Compassion
- Justice
- Respect
- Truthfulness

RSHE helps children develop the knowledge, skills and understanding necessary to build positive relationships, keep themselves safe, maintain their physical and mental wellbeing and prepare for life in modern Britain.

We recognise that parents and carers are the primary educators of their children in matters relating to relationships and health. We seek to work in partnership with families to ensure children receive accurate, age-appropriate and inclusive learning within a safe and supportive environment.

2. Aims

The aims of RSHE at Batheaston Church School are to:

- Develop self-respect, confidence and resilience.
 - Promote positive mental health and emotional wellbeing.
 - Teach children how to build healthy, respectful and safe relationships.
 - Help children recognise and manage risks, both online and offline.
 - Prepare children for the physical and emotional changes associated with growing up.
 - Teach the correct vocabulary for body parts and human development.
 - Support children in understanding personal boundaries, privacy and consent in age-appropriate ways.
 - Promote respect for diversity and different family structures.
 - Equip children with the knowledge needed to stay safe and seek help when required.
 - Enable all children to flourish and lead "life in all its fullness."
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3. Statutory Requirements

This policy reflects:

- The Department for Education's statutory guidance on Relationships Education, Relationships and Sex Education (RSE) and Health Education. [\[gov.uk\]](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/616282/Relationships_Education_Statutory_Guidance.pdf), [\[assets.pub...ice.gov.uk\]](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/616282/Relationships_Education_Statutory_Guidance.pdf)
- The Equality Act 2010.
- Keeping Children Safe in Education.
- The National Curriculum.
- The Church of England's vision for education.

Relationships Education and Health Education are statutory in all primary schools. Parents do not have the right to withdraw their child from these aspects of the curriculum.

4. Our Curriculum

RSHE is taught primarily through the **Jigsaw PSHE Scheme of Learning**, supplemented by high-quality resources, assemblies, themed events and cross-curricular opportunities.

The curriculum is carefully sequenced and age appropriate, ensuring that children develop knowledge progressively throughout their primary years.

The curriculum covers three key areas:

Relationships

Children learn about:

- Families and people who care for us
- Caring friendships

- Respectful relationships
- Online relationships
- Being safe
- Bullying and discrimination
- Seeking help and support

Health and Wellbeing

Children learn about:

- Physical health
- Mental wellbeing
- Healthy lifestyles
- Personal hygiene
- Emotional literacy
- Managing feelings
- Healthy eating and exercise
- Safety and risk management

Sex Education

Children learn:

- Human growth and development
- Puberty and body changes
- Reproduction within the context of family life
- Conception and birth (Year 6)

All learning is delivered sensitively and, in an age,-appropriate manner.

5. Inclusion

We are committed to ensuring that RSHE is inclusive and accessible for all pupils.

Teaching reflects:

- Diverse families and family structures.
- Different cultures and backgrounds.
- Equality and inclusion.
- The needs of pupils with SEND.
- The experiences of vulnerable learners.

Teaching is adapted where necessary to support all learners and ensure full participation.

6. Online Safety

Online safety forms an important part of our RSHE curriculum.

Children are taught:

- How to stay safe online.
- Responsible digital citizenship.
- Safe sharing of information.
- How to recognise online risks.
- The importance of reporting concerns.
- Critical thinking when accessing online content.

Online safety is revisited regularly across the curriculum and through dedicated safeguarding learning opportunities.

7. Mental Health and Wellbeing

We believe that positive mental health underpins successful learning and personal development.

Children are taught:

- How to recognise and manage emotions.
- Strategies for resilience.
- Self-care and wellbeing.
- The importance of healthy relationships.

- Where to seek support.
- How to support others appropriately.

Our school values provide a strong framework for developing emotional wellbeing and positive mental health.

8. Delivery of RSHE

RSHE is delivered through:

- Jigsaw PSHE lessons.
- Science curriculum.
- Computing curriculum.
- Assemblies.
- Collective Worship.
- Visitor workshops.
- Relevant themed weeks and events.

Teachers create safe learning environments where children can discuss sensitive issues respectfully and confidently.

Ground rules are established to ensure discussions remain age appropriate and inclusive.

9. Safeguarding

Teachers conduct RSHE lessons sensitively and professionally.

If a child makes a disclosure indicating that they may be at risk of harm or abuse, staff will follow the school's safeguarding procedures and Child Protection Policy.

Confidentiality cannot be guaranteed where a safeguarding concern exists.

10. Roles and Responsibilities

Governors

Governors will:

- Approve and review this policy.
- Monitor implementation.
- Ensure statutory requirements are met.

Headteacher

The Headteacher will:

- Ensure consistent delivery of RSHE.
- Monitor provision across the school.
- Manage withdrawal requests.
- Support staff in delivering the curriculum.

Subject Leader

The RSHE Lead will:

- Monitor standards and curriculum coverage.
- Support staff development.
- Maintain curriculum resources.
- Evaluate impact and identify priorities for improvement.

Staff

Staff will:

- Deliver RSHE in line with this policy.
- Model positive relationships and behaviours.
- Respond appropriately to pupil needs.
- Contribute to curriculum development.

Pupils

Pupils will:

- Engage respectfully in lessons.
- Listen to and value different viewpoints.

- Follow agreed discussion rules.

11. Parents' Right to Withdraw

Parents cannot withdraw their child from statutory Relationships Education or Health Education.

Parents may request withdrawal from the non-statutory sex education elements taught beyond the National Curriculum Science requirements. Such requests should be made in writing to the Headteacher and will be discussed on an individual basis. Alternative learning will be provided where appropriate

12. Monitoring and Review

The RSHE Lead, Senior Leadership Team and Governors will monitor the implementation of this policy through:

- Learning walks
- Pupil voice
- Curriculum reviews
- Planning scrutiny
- Staff feedback

This policy will be reviewed annually or sooner if changes to statutory guidance require it.

Policy Approval

Approved by: Governing Body

Date Approved: March 2026

Review Date: March 2027

RSHE Lead: Alison Smith

Headteacher: Sally Jefferies

Chair of Governors: Erica Whitfield