Mental Health Offer at Batheaston Church School

At Batheaston we are aware of the need for good mental health in our children. The following diagram shows the levels of support available to all children within our school setting and beyond.

High Level Need

Expert help needed. External Agencies involved. School Nurse, GP CAMHS, Southside, Young Carers, Therapists

Medium Level Need

Expert led – Thrive Support. Jackie Taylor and Sarah Finch are trained Thrive staff, Jon Stevenson is our Thrive Practitioner involved in analysis and support plans alongside Class Teacher. Lunchtime support/monitoring. Cause for Concern completed by Class Teacher and SENDCO to review. Advice taken from School Nurse. Debs Doulia (ELSA) may provide nurture support. Use of CPOMS.

Low Level Need

Pupils showing low level wellbeing needs. Class Teacher and Teaching Assistants provide nurture and monitoring of the child on a daily basis. All teaching staff and SLT informed during Staff Meetings to provide a whole school monitoring approach. Informal pastoral care. Colour Monster monitoring. CT and TA work together to support children in need of some help with friendships/mood etc. Use of CPOMS if appropriate. Open discussion with parents.

Whole School Provision (all children)

Good mental health teaching and learning within PSHE and RSE lessons (JIGSAW). Character building curriculum – 5Cs, Recipe Values, key termly values. Self esteem and resilience given importance across the school. Responsive classroom dealing with playground and emotional issues as they happen.

Each class is regularly Thrive assessed and teachers work on whole class objectives highlighted by this assessment. Assessments are analysed and plans devised by our Thrive Practitioner and actioned by the Class Teacher and Teaching Assistants. Wellbeing surveys are completed across the school each term. These are analysed by class teachers and the Mental Health Lead. All areas highlighted are discussed 1:1 with individual children.