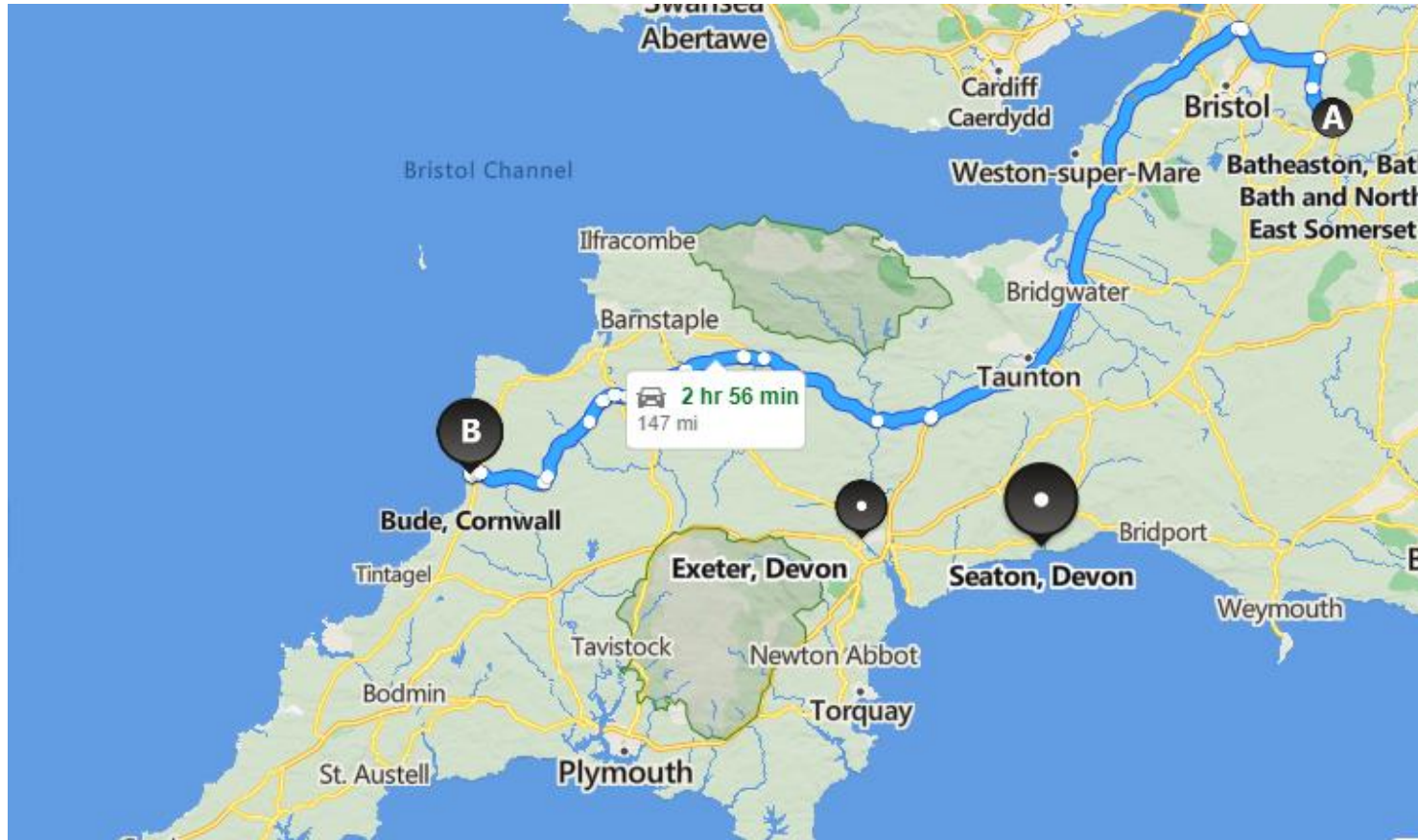


Bude
Residential
21st May – 26th
May



Location

Adventure international, Bude



Travel time:

Around 4 hours.

Stop off in Taunton services for lunch.

Accommodation



- Ensuite rooms
- From 4 to 10 children in each room. (Depending on the area we are given.)
- Staff on the same corridor
- Pupil choice of people to share rooms with.

Staff



- Joe
- Nikki
- Sally
- Trish

Centre Personnel



- Fully Trained activity instructors
- All First Aiders
- Centre staff are on duty until 11:00pm
- Senior staff members on call for emergencies.

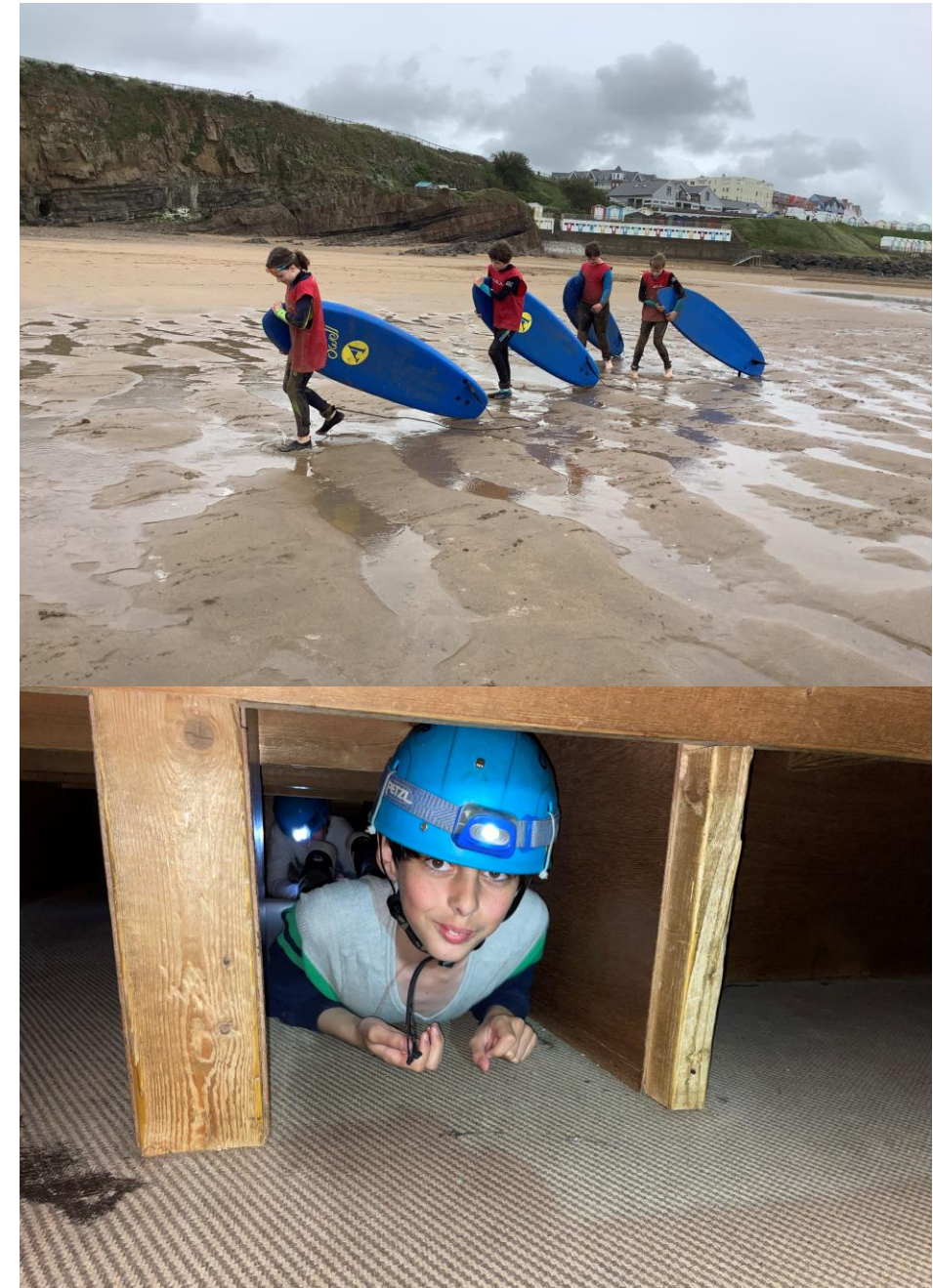
Timetable



Daily Routine	
7 am	Wake up
7.15am	Morning Run/Swim
7.45 am	Breakfast
9.30 am	Morning Activity
12.00 pm	Lunch
1.30 pm	Afternoon Activity
5.00 pm	Tutor Meet
5.15 pm	Evening Activity
6.00 pm	Dinner
8.00 pm	Evening Entertainment
10.00 pm	Bed Time

Activities

Week	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
5	A.M.	P.M.	A.M.	P.M.	A.M.	P.M.	A.M.	P.M.	A.M.	P.M.
Batheaston K	Kayak		Caving		Team Trail		Mountain Board		Climb	
		Surf	Mountain Bike		Body Board		Canoe		High Ropes	
Batheaston L	Kayak		Caving		Team Trail		Mountain Board		Climb	
		Surf	Mountain Bike		Body Board		Canoe		High Ropes	
Batheaston Z	Kayak		Caving		Team Trail		Mountain Board		Climb	
		Surf	Dragon Boat		Body Board		Canoe		High Ropes	



Meal Time

Monday	Sausage Hash Browns Hoops Cereal / Toast Orange Squash	Jacket Potato Cheese / Tuna Beans / Coleslaw Apple / Jelly Blackcurrant Squash	Spaghetti Bolognese Vegetable Bolognese Chicken Goujons Chips / Peas / Salad Chocolate Sponge / Ice Cream
Tuesday	Bacon Hash Browns Beans Cereal / Toast Orange Squash	Sausage Roll Veggie Quiche Salad Bar Orange / Jelly Blackcurrant Squash	BBQ Chicken Fillet Vegetable Grill Sauté Potatoes Carrots / Sweetcorn / Gravy Apple Crumble / Ice Cream
Wednesday	Sausage Hash Browns Hoops Cereal / Toast Orange Squash	Chicken Burger Spicy Bean Burger Salad Bar Apple / Jelly Blackcurrant Squash	Fish Fingers / Chips Vegetable Spring Rolls Sausage & Mash Mixed Veg / Gravy Traybake / Ice Cream



Evening Entertainment



Evening Programme			
Day	Time	Evening Entertainment	
		Indoor	Outdoor
Sunday	8:30 p.m. - 10:00 p.m.	Meet & Mix Disco	Astroturf Area
Monday	7:30 p.m. - 9:30 p.m.	Karaoke	Parachute Games
Tuesday	7:30 p.m. - 9:30 p.m.	Fancy Dress	Basketball Competition
Wednesday	7:30 p.m. - 9:30 p.m.	Talent Night	Five a Side Tournament
Thursday	7:30 p.m. - 9:30 p.m.	Presentation Night	

Behaviour



- We expect the same standard of behaviour on trips as we do at school.
- Behaviour which is dangerous or significantly inappropriate may result in parents being asked to collect their child.
- Parents and children are required to sign a behaviour consent form before the trip.

Behaviour

1	No smoking or bringing cigarettes / lighters into the centre
2	No boys in girls rooms or vice versa
3	No drinking alcohol or bringing alcohol or illegal substances onto the premises
4	No anti-social behaviour (bullying, vandalism, stealing etc.)
5	No leaving the centre grounds unsupervised
6	No bringing mobile phones onto the premises
7	No students allowed in other schools allocated bedroom areas

- Some extra rules from the centre.
- The centre instructors are in charge during the activities.
- Staff are on duty during free periods and evening entertainment times
- Teachers will be allocated to the groups and be their to supervise the activities (and get involved!)

Medication



- All medical conditions and medicine dosages should be entered on the medical form including asthma.
- All medication, including travel sickness pills for the return journey, must be packed in a sealed, named envelope and handed to staff on the day we set off.
- Clear instructions about how and when medication is needed must be included.
- If a pupil uses an inhaler, it should be carried at all times.
- A clearly labelled spare inhaler should be handed in.

Packing



Items to Pack		
4	x	T-Shirts
3	x	Long Sleeved Tops
3	x	Shorts (no short length shorts on activities)
3	x	Tracksuit Bottoms
4	x	Jumpers
1	x	Clothes to wear in the evening
8	x	Socks (no trainer socks on activities) & Underwear
1	x	Warm Jacket/Coat
2	x	Trainers to stay dry
1	x	Wet Shoes or Trainers to get wet
2	x	Swimwear
2	x	Towels
1	x	Toiletries
1	x	Water Bottle
1	x	Hat
1	x	Sun Lotion
1	x	Hair Bands
1	x	Fancy Dress Costume
1	x	Black Bin Liner for Wet Clothes

- Kit list will be sent out to you nearer the time.
- Label EVERYTHING!!
- Bring Suitable clothes

- Remember the children are responsible for everything they bring

Additional Packing



- Fancy Dress Costume is optional for the fancy dress party. (Prizes for the winners)
- Money £15 maximum in change. (£1, £2, 50p)
- Sealed in an envelope with child's name and the amount.
- Handed to Joe before we get on the coach.

Things not to Pack

These items *must not* be brought on the trip

✘	jewellery (except watches); jewellery cannot be worn for any activity (including studs)
✘	talcum powder or aerosols of any description
✘	electrical items (e.g. hair straighteners)
✘	mobile phone

**ABSOLUTELY NO JEWELLERY ON SESSIONS OR EVENING ACTIVITIES.
ASTHMATICS MUST TAKE INHALERS TO EVERY SESSION AND EVENING ACTIVITIES.**

- No electrical devices such as phones and hand held consoles.
- “What if it breaks or gets lost.”

Keeping in Touch



- Mobile phones are not permitted on the trip.
- If your child has a Birthday during the trip then please let me know.
- We will keep you updated via twitter.
- You can write your letter to your child before the trip and hand it to us before we leave. We will then give out your letters during the trip.

Departing and Return Home

Times:

Depart Batheaston: Sunday 21st
May 11:45

Arrive: Friday 27th May 18:00





Payments

- The total cost of the trip is £401.
- Initial deposit £80.20.
- The remaining balance of £320.80 can be made in full by 15th May.
- Or payments can be made in installments:
 - £80.20 by Tuesday 28th February
 - £80.20 by Friday 31st March
 - £80.20 by Friday 28th April
 - £80.20 by Monday 15th May
- If covering the cost of this is an issue, then there is the possibility of getting some funding support from local charities that we are linked with. Speak to Sally if this is needed.



Any Questions?
